


 ageLOC®

LumiSpa® iO

SYSTEM

Input smart skincare

Output radiant, healthy-looking skin



Where your skin gets smarter and your results get even better! ageLOC LumiSpa iO pairs an intelligent, one-of-a-kind device that uses patented technology with powerful products. The results? You get youthful, healthy-looking skin!

MEET AGELOC LUMISPA IO SYSTEM

Hello, iO. ageLOC LumiSpa iO System inputs (i) smart skin care and outputs (o) radiant, healthy-looking skin. How? Input innovative, profound cleansing, exfoliating and skin renewal system with intelligent coaching, personalised skincare routines, IoT technology—and more—through the Nu Skin Vera app. Output radiant, soft, smooth, and selfie-ready skin - all day, every day.

In just two minutes, twice a day, you'll experience multiple clinically proven skin benefits. It's super-smart skin care for super-powered results.

WHY YOU'LL LOVE IT

SKIN BENEFITS

- Provides instant benefits, so skin feels softer and smoother after just one use.
- Seven clinically proven skin benefits for the face: thorough cleansing, softness, smoothness, radiance, reduced appearance of pores, clarity, freshness.
- Benefits that intensify over time when consistently used for two minutes, twice daily.
- Helps you get the most out of the next products in your skincare routine.

- ageLOC LumiSpa Activating Cleanser options are designed for different skin types: Dry, Normal to Combination, Oily, Sensitive, and Blemish Prone.
- Specifically formulated to work with your LumiSpa iO, the viscosity and rheology of ageLOC LumiSpa Activating Cleansers enable precise cushioning and interaction between the ageLOC LumiSpa's Silicone Head and your skin. Basically, it allows the Silicone Head to glide over and grip the skin. Together, they make up the 'system' that helps you achieve the clinically proven benefits your skin loves! The Activating Cleansers are formulated with Nu Skin's proprietary ageLOC ingredient blend to target the sources of visible signs of skin ageing and preserve the look of youth.
- Gentle enough for twice-daily use on the face, neck, and décolleté.
- Promotes skin renewal and does not disrupt skin's natural microbiome.
- When used twice daily, thoroughly cleanses and exfoliates the skin to remove all traces of makeup, dirt, oil, and daily grime. It also freshens up and smooths the skin for a healthier and more radiant complexion.

This document is for use by Nu Skin staff and independent Brand Affiliates in EMEA. It is not to be circulated to members of the public.

Please refer to the trademarks glossary on www.nuskin.com for a list of all registered trademarks in EMEA.

ageLOC LumiSpa[®] iO SYSTEM

- ageLOC LumiSpa iO Blemish System (your LumiSpa iO device + your LumiSpa Activating Cleanser for Blemish Prone Skin) can help clear your pores, thoroughly cleanse your skin, and reduce the appearance of blemishes or breakouts. It helps those with blemish prone skin to observe an improvement in clarity after 12 weeks.

DEVICE FEATURES

- A smart, rechargeable handheld personal skin care device with Bluetooth that pairs with the Nu Skin Vera app. The app is available on the App Store and Play Store.
- Features three Silicone Heads: Gentle, Normal, and Firm. These soft, non-abrasive silicone surfaces are more hygienic than brushes commonly found in the market. The sophisticated designs help to maximise product benefits while making skin more receptive to subsequent products.
- The Normal Silicone Head is universal and suitable for most skin types. The Gentle Silicone Head delivers a thorough but gentle cleansing experience and is most suitable for individuals with sensitive or easily irritated skin. The Firm Silicone Head delivers a more robust cleansing experience and is most suitable for individuals with oily or more resilient skin.
- While the Silicone Heads were developed to complement different skin types, you can also customise the heads to the experience you prefer.
- LumiSpa iO system enhances the cleansing action with its proprietary 2 Sense-Motion Technology, a gentle cleansing action that exfoliates the skin and draws out plus lifts away dirt, oil, makeup, pollutants, and toxins. Combined with the Activating Cleansers, it promotes skin renewal, improves skin radiance, and reduces pore appearance.
- Smart device sensors recognise whether it is the Accent Head or one of the Silicone Heads that it is attached and alert you when it's time to replace it.
- Intelligently guides you to apply the correct pressure and motion.

NU SKIN VERA APP FEATURES

- LumiSpa iO Synchronised Skin Care Routines and how-to illustrations lead you every step of the way to youthful, healthy-looking skin care results.
- With smart sensors and a connected app, get added intelligent guidance about the pressure and motion of your application.
- Send and save LumiSpa iO Customised Skin Care Routines from your phone to your device with the app or create your own LumiSpa Skincare Routine by adjusting the time and facial areas.
- Get personalised product recommendations that help you reach your personal skin care goals.
- Track your skin's progress – fast results from week to week and any day in between with the Selfie Timeline.
- Easy Reordering so you always have your favourite Silicone Head and Activating Cleanser on hand.
- Usage trends, insights, and awards to help you stay motivated and consistent.
- Enjoy ongoing optimisation through both app and device firmware updates.

CLINICAL RESULTS¹ THAT PROVE IT

- In a 12-week clinical study, the clinical grader noted that individuals who used ageLOC LumiSpa experienced the following improvements in the skin:
 - Thorough cleanse
 - Softness (after a single use)
 - Smoothness (after a single use)
 - Radiance
 - Reduced pore appearance
 - Clarity
 - Freshness
- In the same study, it was observed that after 12 weeks:
 - 100% of users had smoother, softer skin*
 - 100% of users had visibly cleaner skin*
 - 62% more skin radiance**
 - 53% to 62% of users had less visible pores***

¹Clinical studies conducted on ageLOC LumiSpa System. The results and efficacy can be extrapolated to ageLOC LumiSpa iO System.

ageLOC® LumiSpa® iO SYSTEM

*/**/***Results obtained from a third-party professional assessment based on a 12-week in-vivo consumer use study featuring 150 female subjects, from 35 to 65 years old, with different skin types. All subjects were instructed to use the LumiSpa System corresponding to their skin type, in place of their normal facial cleanser, morning and night, for 12 weeks.

Results extracted above correspond to:

*The proportion of subjects who had visible skin improvement observed by the clinical grader at the end of the study (all combinations of skin types/LumiSpa Cleansers/Silicone Heads).

**The observations made by the clinical grader after 12 weeks. The subjects were instructed to use the ageLOC LumiSpa with the Gentle Head and Sensitive Cleanser, Normal Head with Normal to Combo Cleanser and Firm Head with Oily Cleanser.

*** The observations made by the clinical grader, after 12 weeks on the facial skin after using one of the 3 following systems, Normal to Combo Skin/Normal Head, Dry Skin/Normal Head, Oily Skin/Firm Head, twice a day for 12 weeks.

The clinical grader observed the following percentages of subjects graded for improvement based on the combination of Activating Cleanser and Silicone Head used:

Normal to Combo Skin + Normal Head: 53.6%
Oily Skin + Firm Head: 56.5%
Dry Skin + Normal Head: 62.1%

- ageLOC LumiSpa Blemish Prone System can help clear your pores, thoroughly cleanse your skin and reduce the appearance of blemishes. It helps those with Blemish Prone Skin to observe an improvement in clarity after 12 weeks. A 12-week clinical efficacy study* revealed that using the ageLOC LumiSpa Activating Cleanser – Blemish Prone Skin together with ageLOC LumiSpa with the Gentle Head represented a reduction in appearance of blemishes by 71% compared to baseline at the end of the study (12-weeks)*.

*Study conducted on 30 subjects, males and females ages 18-45 with Blemish prone skin, using the Gentle Silicone Head and ageLOC LumiSpa Activating Cleanser - Blemish Prone for 12 weeks.

- ageLOC LumiSpa System is clinically shown to effectively cleanse and benefit the skin without disrupting its natural microbiome balance.
- According to a third-party clinical study* on 60 healthy adults between 40 and 60 years commissioned by Nu Skin on the efficacy of an oral supplement blend of Collagen Peptides, Lutein and Wheat Lipid Extract (Beauty Focus Collagen+) together with an ageLOC

LumiSpa regimen daily for 4 months has shown statistically significant improvements in visible skin features as texture, radiance, and overall appearance compared to the benefits seen with the LumiSpa System alone.

*JOJ Dermatology & Cosmetics. Hester N, Wood S, Gray R, Kern D, O'Donnell R, Draelos Z, (2021)

HOW TO USE IT

Use ageLOC LumiSpa iO System morning and night as your cleansing step. Wet your face with lukewarm water and then dispense an ample amount (bigger than an almond) of LumiSpa Activating Cleanser onto your hand. Apply evenly to your face and then cleanse with your LumiSpa iO device for two minutes. Follow with your preferred toner, serum, or any targeted skincare product and moisturiser.

WHAT EMPOWERS OUR AGELOC LUMISPA ACTIVATING CLEANSERS

- All LumiSpa Activating Cleansers contain proprietary ageLOC blend that targets the visible signs of ageing at the source for a youthful looking skin.
- ageLOC LumiSpa Activating Cleanser—Dry Skin Skin contains a blend of humectants (Sodium Lactate, Sodium PCA, Glycine, Fructose, Inositol, Squalane, and Niacinamide (Vitamin B3) to help protect and maintain skin's natural moisture, providing skin comfort. Additionally, Salicyloyl Phytosphingosine helps soothe the skin.
- ageLOC LumiSpa Activating Cleanser—Normal/ Combo Skin contains a blend of gentle cleansing agents for normal to combination skin. It is formulated with Coco-Betaine, combined with Glycerin and a blend of selected algae and plants extracts such as Milk Thistle (Silybum Marianum Seed) Oil, Porphyra Umbilicalis Extract, and Nannochloropsis Oculata Extract, to help balance skin's natural moisture barrier.
- ageLOC LumiSpa Activating Cleanser—Oily skin contains a combination of functional cleansing agents for oily skin that includes, among others, Coco Betaine, Japanese Knotweed (Polygonum Cuspidatum Root Rextract) and Pomegranate Juice Extract, leaving your skin clean and fresh.

ageLOC LumiSpa® iO SYSTEM

- **ageLOC LumiSpa Activating Cleanser—Sensitive Skin** is our most gentle activating cleanser. It is a fragrance-free formula and is formulated with a mild surfactant system, which results in a low foam and is designed to thoroughly cleanse your skin while keeping dryness, itchiness, and tightness in check. It also contains a soothing blend Avena Sativa (Oat) Kernel Extract, Pinus Tabulaeformis Bark Extract (which contributes to the pink colour), and Bisabolol to help soothe delicate skin. Allantoin also helps condition the skin.
- **ageLOC LumiSpa Activating Cleanser—Blemish-Prone Skin** is a mild, fragrance-free formula that contains Salicylic Acid, a BHA, to help clear pores and reduce the appearance of skin breakouts. It is low foaming to avoid additional skin irritation. It also contains Carnosine to provide antioxidant protection.

YOU MIGHT ALSO LIKE

- ageLOC LumiSpa iO Accent and IdealEyes
- ageLOC Boost
- ageLOC Galvanic Spa
- Tru Face Line Corrector
- ageLOC Tru Face Essence Ultra
- Nutricentials Bioadaptive Skin Care

LEARN MORE ABOUT IT

What makes ageLOC LumiSpa iO unique?

ageLOC LumiSpa iO System is a multi-tasking solution that goes beyond cleansing and delivers a wide range of skin benefits simultaneously. ageLOC LumiSpa iO features a gentle, hygienic Silicone Head that is generally easier to clean than bristle heads commonly found on the market.

It features proprietary 2 Sense-Motion Technology that when used along with the ageLOC LumiSpa Activating Cleansers, thoroughly cleanses and delivers 7 amazing skin benefits.

But that's not it – ageLOC LumiSpa iO connects to the Nu Skin Vera app to optimise your skin care journey with Customised Skin Care Routines, Intelligent Coaching, Awards, and Selfie Timeline.

What is IoT and what does it mean for my ageLOC LumiSpa iO?

IoT literally means “internet of things,” or physical objects designed to connect. For you, it means ageLOC LumiSpa iO now includes Bluetooth that allows the device to connect with the Nu Skin Vera app on your phone. This new technology unlocks a new world of possibilities and experiences. And it's what helps make your ageLOC LumiSpa iO so smart. Device sensors can detect when it's time to replace the Silicone Head or when you're applying too much pressure or scrubbing too quickly during your routine. You can also save Customised Skin Care Routines on your device and Nu Skin Vera. Think of it as the ultimate skincare optimisation.

Do I have to connect with the app to use my ageLOC LumiSpa iO?

You'll still enjoy all the great skin beautifying benefits if you don't connect. However, ageLOC LumiSpa iO is created to connect so you'll want to benefit from all the features created exclusively for you, including Smart Tracking, Customised Skin Care Routines, Usage Prompts and Selfie Timelines.

How do I pair my ageLOC LumiSpa iO with the app?

To get started, download the Nu Skin Vera app from your preferred app store (App Store or Google Play store) and open the app on your phone. After signing in with your Nu Skin account, go to the **Devices** tab, tap the **+ Pair A New Device** button, and follow the instructions in the app.

How do I reset my ageLOC LumiSpa iO?

ageLOC LumiSpa iO can be paired with one mobile device and Nu Skin account at a time, so you may occasionally need to reset your device.

ageLOC® LumiSpa® iO SYSTEM

SOFT RESET: A soft reset allows LumiSpa iO to pair to a new device while maintaining your device settings. To perform a soft reset, connect your LumiSpa iO to power and press and hold the power button for 5 seconds. Release the power button when all the front lights flash blue twice. Please note, LumiSpa iO must be paired with the same Nu Skin account after a soft reset.

HARD RESET: To remove your device settings and to allow your LumiSpa iO to pair with a different Nu Skin account, perform a hard reset by connecting LumiSpa iO to power and holding the power button for 10 seconds. Release the power button when all the front lights flash orange four times.

How do I know which ageLOC LumiSpa iO Silicone Head is right for me?

Select your ageLOC LumiSpa iO Silicone Head based on your skin type and cleansing needs. The Gentle Silicone Head is our gentlest choice and is great for those with Sensitive or Blemish Prone skin. The Normal Silicone Head is the standard choice and is designed for most skin types. And the Firm Silicone Head is for those who want a more robust experience but is not recommended for those with Sensitive or Blemish-Prone skin.

While the Silicone Heads were developed to complement different skin types, you can also customise the heads to the experience you prefer.

To reap eyecare benefits, you can also use ageLOC LumiSpa iO Accent, which is designed specifically for the delicate eye area.

How long will my ageLOC LumiSpa iO Silicone Head last?

A Silicone Head is designed to last for at least three months when used twice a day. With smart sensors, the LumiSpa iO device will track each Silicone Head's actual usage and prompt you when it's time to replace it.

Do I need to use the ageLOC LumiSpa Activating Cleansers with ageLOC LumiSpa iO, or can I use other cleansers with it?

ageLOC LumiSpa Activating Cleansers are specifically formulated for use with the ageLOC LumiSpa iO device. They enable precise cushioning, cleansing, and interaction with the skin, optimising the effectiveness of LumiSpa iO's proprietary 2 Sense-Motion action. They are the only formulations tested and approved for use with LumiSpa iO that deliver the full system benefits and promote healthy, youthful-looking skin.

Are there any patents on ageLOC LumiSpa iO?

Yes, the multiple patents for the ageLOC LumiSpa device and the proprietary 2 Sense-Motion Technology also apply to ageLOC LumiSpa iO.

Does ageLOC LumiSpa iO reduce blemishes?

The system was developed to promote healthy, youthful-looking skin and deliver general skin renewal and exfoliation benefits. When ageLOC LumiSpa was combined with ageLOC LumiSpa Activating Cleanser—Blemish Prone Skin, a reduction of mild blemishes by up to 71% at 12 weeks was observed by the investigator*. Anyone with more pronounced blemishes should consult a dermatologist before using ageLOC LumiSpa iO.

*Study conducted on 30 subjects, males and females ages 18-45 with Blemish prone skin, using the Gentle Silicone Head and ageLOC LumiSpa Activating Cleanser - Blemish Prone for 12 weeks.

How long should the Activating Cleanser last?

One Activating Cleanser should last 30 days. It's important to use an ample amount (bigger than an almond) of Activating Cleanser to ensure that the device can properly interact with your skin.

Do I need to wash my makeup off before using ageLOC LumiSpa iO System?

ageLOC LumiSpa iO system conveniently and effectively cleanses away makeup, so you do not need to wash makeup off before using the device. Please note that LumiSpa Activating Cleansers should not be used on the eye area, so you should use a separate eye makeup remover to remove makeup on and around the eyes.

ageLOC LumiSpa® iO SYSTEM

How do I know if I am using the right motion and right amount of pressure?

It's best to move the device across your skin in slow, broad strokes. But both the device and the app can prompt you if proper motion and right amount of pressure are not applied. If you use a scrubbing motion, the Silicone Head will pause and vibrate three times before resuming. If you press too hard the Silicone Head will pause, followed by one long vibration before resuming.

During your skincare routine, your device will pause briefly and the head will slowly rotate to prompt you to move to the next area of the face.

On which part(s) of my body can I use my ageLOC LumiSpa iO System?

ageLOC LumiSpa iO System was designed to target face and deliver anti-ageing, thorough cleansing, and skin renewal benefits. We do not recommend using it elsewhere on the body.

Can I use ageLOC LumiSpa iO in the shower?

Yes. Only the ageLOC LumiSpa iO device is designed for use in the shower and other wet environments. To prolong the life of your device, do not drop the device, wash with high-pressure jets, or submerge the device in water for extended periods of time. Do not expose ageLOC LumiSpa iO charger to water or use the power cord in a wet environment, near bathtubs or showers.

How to charge your ageLOC LumiSpa iO?

You may have noticed that ageLOC LumiSpa iO comes with a magnetic USB charger. Place the ageLOC LumiSpa iO magnetic charger on your ageLOC LumiSpa iO device until fully charged.

How long does ageLOC LumiSpa iO last after a full charge with the magnetic charger?

ageLOC LumiSpa iO typically lasts at least a week between charges with regular use.

How can I take care of my ageLOC LumiSpa iO?

To make sure your device lasts long, thoroughly rinse the device, the head and the back of the head after each use and leave it to dry completely.

Always charge your device in a dry environment. Do not expose ageLOC LumiSpa iO charger to water. Never force a connector into a port or apply excessive pressure.

Apply the Activating Cleanser directly on your face and not on the Silicone Head.

Change the Silicone Head as recommended every 3 months.

WHAT'S IN IT

ageLOC LumiSpa Activating Cleanser —Dry Skin:

Aqua, Dicaprylyl Carbonate, Diisostearyl Malate, Glycerin, Tribehenin PEG-20 Esters, Glycereth-26, Squalane, Cetearyl Alcohol, Dimethicone, Caprylic/Capric/Myristic/Stearic Triglyceride, Sodium Astrocaryum Murumuruatate, Olus Oil, Phytosteryl/Octyldodecyl Lauroyl Glutamate, Methylsilanol Hydroxyproline Aspartate, Maltodextrin, Isostearyl Alcohol, Oryza Sativa Extract, Butylene Glycol, Pentylene Glycol, Sodium Lactate, Sodium PCA, Schizandra Chinensis Fruit Extract, Fructose, Inositol, Urea, Batyl Alcohol, Hydroxyphenyl Propamidobenzoic Acid, Brassicamidopropyl Dimethylamine, Salicyloyl Phytosphingosine, Glycine, Narcissus Tazetta Bulb Extract, Hydroxyproline, Coenochloris Signiensis Extract, Lecithin, Niacinamide, Hydroxyacetophenone, Tocopherol, Ascorbyl Palmitate, Sodium Chloride, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Xanthan Gum, PEG-40 Hydrogenated Castor Oil, Pyruvic Acid, Disodium EDTA, Lactic Acid, Potassium Sorbate, Sodium Carbonate, Sodium Hydroxide, Parfum, Phenoxyethanol, Sodium Benzoate, Chlorphenesin, Salicylic Acid, Limonene.

ageLOC LumiSpa Activating Cleanser—Normal to

Combo Skin: Aqua, Coco-Betaine, Sodium Cocoyl Glycinate, Glycerin, Propanediol, Acrylates Copolymer, Sodium Chloride, Diisopropyl Sebacate, PEG-8, Nannochloropsis Oculata Extract, Silybum Marianum Seed Oil, Oryza Sativa Extract, Schizandra Chinensis Fruit Extract, Porphyra Umbilicalis Extract, Narcissus

ageLOC® LumiSpa® iO SYSTEM

Tazetta Bulb Extract, Rhododendron Ferrugineum Extract, Polyquaternium-39, Glycol Distearate, Dimethyl Cocamine, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Synthetic Fluorphlogopite, Tin Oxide, Caprylhydroxamic Acid, Disodium EDTA, Sodium Citrate, Sodium Hydroxide, Disodium Phosphate, Parfum, Phenoxyethanol, Chlorphenesin, Sodium Benzoate, Potassium Sorbate, Linalool, [CI 77891].

ageLOC LumiSpa Activating Cleanser —Oily Skin
Aqua, Cocamidopropyl Betaine, Acrylates Copolymer, Glycerin, Ammonium Laureth Sulfate, PEG-80 Sorbitan Laurate, Di-PPG-2 Myreth-10 Adipate, Glyceryl Oleate, Caprylyl Glycol, Oryza Sativa Extract, PCA, Schizandra Chinensis Fruit Extract, Carnosine, Punica Granatum Juice Extract, Narcissus Tazetta Bulb Extract, Hydrogenated Palm Glycerides Citrate, Polyquaternium-10, Mica, Tin Oxide, 1,2-Hexanediol, Propanediol, Coco-Glucoside, Cocamidopropyl Dimethylamine, Lecithin, Myristyl Alcohol, Sodium Chloride, Polygonum Cuspidatum Root Extract, Tocopherol, Ascorbyl Palmitate, Disodium EDTA, Citric Acid, Aminomethyl Propanol, Parfum, Phenoxyethanol, Chlorphenesin, Sodium Benzoate, Dehydroacetic Acid, Potassium Sorbate, [CI 77891].

ageLOC LumiSpa Activating Cleanser —Sensitive Skin
Aqua, Cetearyl Alcohol, Glycerin, Caprylyl/Capryl Glucoside, PEG-8 Dimethicone, Cocamidopropyl betaine, Capryl/Capramidopropyl Betaine, Carbomer, Bisabolol, Carnosine, Oryza Sativa Extract, Schizandra Chinensis Fruit Extract, Allantoin, Narcissus Tazetta Bulb Extract, Zingiber Officinale Root Extract, Pinus Tabulaeformis Bark Extract, Avena Sativa Kernel Extract, Sodium Chloride, Xanthan Gum, Hydroxyacetophenone, Disodium EDTA, Glycolic Acid, Sodium Hydroxide, Citric Acid, Phenoxyethanol, Potassium Sorbate, Chlorphenesin.

ageLOC LumiSpa Activating Cleanser —Blemish Prone Skin
Aqua, Cetearyl Alcohol, Glycerin, Caprylyl/Capryl Glucoside, PEG-8 Dimethicone, Cocamidopropyl Betaine, Capryl/Capramidopropyl Betaine, Carbomer, Salicylic Acid, Carnosine, Oryza Sativa Extract, Schizandra Chinensis Fruit Extract, Epilobium

Angustifolium Flower/Leaf/Stem Extract, Narcissus Tazetta Bulb Extract, Hydroxyacetophenone, Sodium Chloride, Xanthan Gum, Disodium EDTA, Sodium Hydroxide, Glycolic Acid, Phenoxyethanol, Potassium Sorbate, Chlorphenesin, Sodium Metabisulfite.

This document is for use by Nu Skin staff and independent Brand Affiliates in EMEA. It is not to be circulated to members of the public. Please refer to the trademarks glossary on www.nuskin.com for a list of all registered trademarks in EMEA.